

# HOLLAND SPORTS ATHLETICS CLUB

## CLUB RECORDS

### U11 GIRLS

60m	Lucy Sumner	9.83s	Crawley	28-03-10
75m	Dominique Haynes	11.3s		20-06-98
80m	Jessie Hayes	14.27	Woking	05-09-10
150m	Lucy Sumner	22.7s	Ewell	18-09-10
600m	Hannah Brooks	1m 55.7		20-06-98
Long Jump	Dominique Haynes	3m 85		20-06-98
Shot	Hannah Brooks	3m 77		20-06-98

### U13 GIRLS

60m (i)	Lucy Sumner	8.83	Sutton (SLAN)	08-01-2012
75m	Catherine Ledesma	11.2	Horsham	22-05-11
100m	Amanda Hart	13.2		23-04-88
150m	Lucy Sumner	21.4	Eastbourne	19-06-11
200m	Amanda Hart	28.2s		16-05-88
70mh	Sally Moore	12.4s		25-07-92
600m	Eleanor Bongers	1m 56.3		25-03-89
800m	Sian Hendry	2m 34.3		24-06-95
1000m	Sian Hendry	3m 24.1		13-05-95
1200m	Isla Anderson	4m 24.1	Walton	20-06-10
1500m	Sian Hendry	5m 15.0		30-07-95
High Jump	Angharad Thorpe	1m 38		03-09-89
Long Jump	Amanda Hart	4m 93		23-04-88
Javelin 600g	Sally Moore	21m 24		25-04-92
400g	Sally Moore	24m 42		29-08-92
Discus 1kg	Karen Evans	16.66m		18-07-92
0.75kg	Sally Moore	18m.18		30-09-92
Shot 3.25kg	Tamara Watts	7m30		09-09-89
2.72kg	Katy Read	7m 24		09-05-92
1200m walk	Lizzie Croxford	7m 31.8		12-09-88
Pentathlon	Sally Moore	2004 points		02-08-92

### U15 GIRLS

100m	Robyn Hunt-Williams	13.3	Eastbourne	19-06-11
200m	Iola Draper	27.2		08-06-91
75mh	}Victoria George	12.6		05-08-90
	}Lizzie Bennett	12.6		01-08-92
600m	Emily Adams	1m 45.9		24-03-90
800m	Sara Stodart	2m 26.9		17-06-99
1000m	Sara Stodart	3m 19.9		24-03-90
1500m	Sara Stodart	5m 00.9		22-09-90
High Jump	Claire Sterry	1m 52		09-09-95
Long Jump	}Danielle Potterton	4m 77		27-05-87
	}Gillian Watson	4m 77		03-09-94
Javelin	Sally Moore	28m 68		04-06-94
Discus	Victoria Georg	22m 58		Aug 90
Shot	Victoria George	9m 11		Aug 90
1600 Walk	Lizzie Croxford	9m 54.6		09-07-89
Pentathlon	Georgina Hobbins	2197 pts		29-09-90

## U17 WOMEN

100m	Cheryl Southam	13.2		22-06-91
200m	Iola Draper	27.1		16-05-92
300m	Cheryl Southam	44.2		16-05-92
400m	Iola Draper	63.5		18-07-92
600m	Iola Draper	1m 48.5		20-04-92
800m	Sara Stodart	2m 20.6		04-07-92
1500m	Sara Stodart	4m 50.2		16-05-92
3000m	Sara Stodart	10m 49.5		02-05-92
80mh	Vicki George	13.2		08-09-91
100mh	Vicki George	17.5		22-06-91
300mh	Georgina Hobbins	51.5		08-06-91
400mh	Emily Adams	75.7		20-07-91
High Jump	Georgina Hobbins	1m 47		14-05-92
Long Jump	Cheryl Southam	4m 74		27-09-92
Triple Jump	Zoe King	9m 35	Eastbourne	17-07-11
Javelin	Sally Moore	27m 18		06-05-95
Discus	Angharad Thorpe	23m 86		19-06-93
Shot	Vicki George	8m 58		23-05-92
Hammer	Angharad Thorpe	20m 88		01-05-93
Pentathlon	Georgina Hobbins	2201 pts		10-08-91
Heptathlon	Georgina Hobbins	2763 pts		22/23-06-91

## U20 WOMEN

100m	Cheryl Southam	13.5		07-08-93
200m	Leanne Kavanagh	28.3	Canterbury	03-09-11
400m	Leanne Kavanagh	61.4	Bracknell	20-08-11
800m	Sara Stodart	2m 22.3		24-07-93
1500m	Eleanor Bongers	4m 57.7		16-07-94
3000m	Eleanor Bongers	10m 13.8		16-07-94
100mh	Karen Webb	18.7		19-06-93
400mh	Georgina Hobbins	75.3		12-05-93
High Jump	Georgina Hobbins	1m 45		12-05-93
Long Jump	Karen Webb	4m 67		06-09-92
Triple Jump	Karen Webb	9m 86		23-05-93
Shot	Karen Webb	6m 77		16-07-94
Discus	Karen Webb	15m 18		01-09-92
Javelin	Karen Webb	23m 14		13-08-94
Hammer	Karen Webb	10m		30-09-92

## SENIOR WOMEN

100m	Julie Moore	13.4		18-07-92
200m	Julie Moore	27.9		23-05-93
400m	Hazel Imeson	67.7		28-04-90
800m	Hazel Imeson	2m 26.3		18-08-90
1500m	Maggie Statham	4m 53.0		29-08-93
3000m	Maggie Statham	10m 04.7		24-07-93
5000m	Maggie Statham	17m 13.4		17-07-93
10000m	Maggie Statham	35m 44.0		18-07-93
100mh	Julie Moore	17.0		01-06-91
400mh	Julie Moore	75.7		23-05-92
High Jump	Julie Moore	1m 45		01-08-92
Long Jump	Paula Bongers	3m 11		26-05-90
Javelin	Julie Moore	42m 44		16-05-92
Discus	Julie Moore	29m 26		16-07-94
Shot	Julie Moore	10m 69		25-04-92
Hammer	Angharad Thorpe	18m 28		15-09-91

## U11 BOYS

60m	Harry Hardisty	9.0	Crawley	24-04-11
75m	Josh Watson/Hugo Fowler	11.1	Croydon	24-07-11
80m	Hugo Fowler	12.72	Woking	04-09-11
150m	Harry Hardisty	22.11	Crawley	24-04-11
600m	Josh Knight	1m 54.9		16-07-08
Long Jump	Harry Hardisty	3m 91	Crawley	22-06-11
Shot	Zak Gilkes	4m 50		27-08-07

## U13 BOYS

75m	Will Harris	10.57	Crawley	30-08-2010
100m	Gary Hinton	13.3		09-1993
150m	Will Harris	20.89	Crawley	30-08-2010
200m	Stephen Hodge	28.2	Walton	20-06-2010
75m Hurdles	Fergus Donnelly	14.4	Eastbourne	17-07-2011
80m Hurdles	Gary Hinton	15.2		09-1993
800m	Stuart Brown	2m 34.3		18-05-1991
1000m	Keith Kentish	3m 18.8		02-04-1988
1500m	Stuart Brown	5m 07.1		30-06-1991
Long Jump	Robert Draper	4m 69		06-09-1992
High Jump	Ocean Schwartz	1m 50	Walton	20-06-2010
Javelin	Matt George	25m 70		12-08-1990
Shot	Charlie Smith	9m 03	Kingsmeadow	31-07-2011
Discus	Jack Bannister	16.18		09-93
Pentathlon	Fergus Donnelly	1174 pts	Sutton	11-09-2011

## U15 BOYS

60m (i)	Ocean Schwarz	7.9	Sutton (SLAN)	08-01-2012
100m	Richard Hanks	12.3		27-08-1989
200m	Richard Hanks	23.9		20-05-1990
60m Hurdles (i)	Ocean Schwarz	9.83	Lee Valley Athletics Centre	15-01-2012
80m Hurdles	Matt George	13.8		14-05-1992
400m	Melvyn Baldery	56.7		13-05-1993
800m	Tim Bursby	2m 6.2		15-05-1989
1000m	Simon White	3m 4.8		24-03-1990
1500m	Mark Bannon	4m 22.9		21-06-1987
Mile	Nicholas Ramsden	4m 58.0		17-07-1988
3000m	Adam Wright	10m 44.6		10-09-1989
High Jump	Ocean Schwarz	1m 62	Wimbledon	05-06-2011
High Jump (i)	Ocean Schwarz	1m 72	Lee Valley Athletics Centre	15-01-2012
Long Jump	Ocean Schwarz	5m 48	Wimbledon	22-05-2011
Long Jump (i)	Ocean Schwarz	5m 32	Sutton (SLAN)	08-01-2012
Triple Jump	L Townsend	10m 86		21-07-1991
Javelin	Jack Bannister	35m 38		25-06-1995
Shot	Robert Blake	11m 14		04-06-1989
Discus	Sean Hobbs	27m 28		30-09-1992
Hammer	Sean Hobbs	31m 08		19-07-1992
Pentathlon	Ocean Schwarz	1904 pts	Sutton	11-09-2011
Pentathlon (i)	Ocean Schwarz	2490 pts	Lee Valley Athletics Centre	15-01-2012

## U17 MEN

100m	Connel Binnie	11.7		05-07-2009
200m	Richard Hanks	23.6		12-05-1991

100mh	Jason Crame	15.6		10-09-1989
100mh (i)	Tom Rady	15.56	Surrey Champs Octathlon	11-09-2010
110mh	Simon White	20.3		15-08-1992
400mh	Jason Crame	62.3		23-09-1989
400m	Simon Clarke	53.9		04-06-1989
800m	Robert Spedding	2m 06.3		20-05-1989
1000m	Simon White	2m 55.0		24-03-1991
1500m	Daniel Winfield	4m 14.6		05-07-1987
1500m s/c	Robert Spedding	5m 6.1		10-09-1989
3000m	Robert Spedding	9m 22.0		23-04-1989
3000m s/c	Simon White	12m 2.1		23-05-1992
High Jump	Jack Finley	1m78	Eastbourne	17-07-2011
Long Jump	Simon White	5m 98		20-06-1992
Triple Jump	Matt George	11m 91		03-07-1993
Javelin	Simon White	40m 40		10-08-1992
Shot	Simon White	11m 74		05-07-1992
Discus	Simon White	25m 04		1992
Hammer	Sean Hobbs	34m 24		16-05-1993
Pentathlon	Jason Crame	2857 pts		16-09-1990
Octathlon	Simon White	3997 pts		1992

## U20 MEN

60m (i)	Tom Rady	9.10	Sutton (SLAN)	08-01-2012
100m	Edward Clark	11.2		20-06-1992
200m	Edward Clark	23.5		15-08-1992
400m	Neil Marsh	54.4		04-06-1994
110mh	106.7h 99.9h	Jason Crame Jason Crame		23-05-1992 18-08-1991
300mh	Jason Crame	43.6		15-09-1991
400mh	Jason Crame	60.2		07-07-1991
800m	Paul Haywood	2m 01.4		10-08-1994
	Luke Caldwell	2m 1.0		07-06-2008*
1500m	Paul Haywood	4m 14.8		13-08-1994
3000m	Paul Haywood	9m 03.1		01-05-1993
3000m s/c	Paul Haywood	10m 04.0		07-05-1994
5000m	Paul Haywood	15m 53.2		08-05-1993
10,000m	Paul Haywood	33m 54.7		11-08-1993
High Jump	Edward Clark	1m 80		01-08-1992
Long Jump	Edward Clark	6m 39		03-05-1992
Triple Jump	Edward Clark	13m 28		09-03-1992
Pole Vault	Simon White	2m 80		08-05-1993
Javelin	Edward Clark	40m 12		03-05-1992
Shot	6.00kg 7.26kg	Jason Crame Jason Crame		16-05-1992 23-05-1992
Discus	2kg 1.75kg	Philip Thorpe Simon White		01-08-1992 02-05-1993
Hammer	7.26 6.00kg	Philip Thorpe Philip Thorpe		31-07-1993 01-05-1993
Pentathlon	Edward Clark	2706pts		16-05-1992

\* DMV runner competing in HS/RSB/.DMV Combined Team

## SENIOR MEN

100m	Edward Clark	11.3		14-08-1993
200m	Edward Clark	23.0		14-08-1993
400m	Edward Clark	52.8		01-05-1993
110mh	Jason Crame	17.4		16-05-1993
400mh	Jason Crame	64.8		08-05-1993

	Rob Hall	64.8		03-06-2000
800m	Rob Spedding	2m 05.0		03-08-2002
1500m	Rob Spedding	4m 23.4		04-05-2002
3000m	Steve Bishop	9m 18.8		21-08-1994
3000m s/c	Matt Morgan	10m 28.5		07-07-2007
5000m	Steve Bishop	15m 54.0		15-08-1992
10000m	Steve Bishop	34m 05.0		05-08-1992
High Jump	Edward Clark	1m 83		01-05-1993
Long Jump	Edward Clark	6m 57		01-05-1993
Triple Jump	Neil Lincoln	12m 38		06-06-2010
Pole Vault	Simon Wing	2m 60		13-07-2002
Javelin	Edward Clark	42m 88		31-07-1993
Discus	Simon White	31m 26		20-05-2006
Shot	Jason Crame	10m 24		08-05-1993
Hammer	Roger Crame	21m 48		01-08-1992
	Andy Briggs	31m 76		07-06-2008*
Decathlon	Edward Clark	5195 pts		01/02-05-1993

\* Redhill & Surrey Beagles athlete competing in HS & RSB Combined Team

*i = indoors record*

## RELAYS

<b>4 x 100 Women</b>	Cheryl Southam, Julie Moore, Vicki George, Claire Liston	53.0		20-07-91
<b>4 x 400 Women</b>	Vicki Davison, Iola Draper, Sara Stodart, Ellie Bongers	4m 23.0		18-07-92
<b>4x 200 U13 Boys</b>	James Rady, Liam Miles, Stephen Hodge, Ocean Schwartz	2m 7.9		05-07-09
<b>4 x 100 Men</b>	Neil Lincoln, Connel Binnie, Mark Andrews, Tom Rady	48.5	Canterbury	13-08-11
<b>4 x 400 Men</b>	Jonathan Winter, Jason Crame, Simon White, Edward Clark	3m 50.9		11-07-92