

HOLLAND SPORTS ATHLETICS CLUB

CLUB RECORDS

U11 GIRLS

60m	Lucy Sumner	9.9s	20-05-09
75m	Dominique Haynes	11.3s	20-06-98
150m	Chloe Cottingham	24.3s	23-05-09
600m	Hannah Brooks	1m 55.7	20-06-98
Long Jump	Dominique Haynes	3m 85	20-06-98
Shot	Hannah Brooks	3m 77	20-06-98

U13 GIRLS

75m	Hannah Edwards	11.6s	27-06-04
100m	Amanda Hart	13.2s	23-04-88
150m	Susannah Gordon	23.5	31-05-09
200m	Amanda Hart	28.2s	16-05-88
70mh	Sally Moore	12.4s	25-07-92
600m	Eleanor Bongers	1m 56.3	25-03-89
800m	Sian Hendry	2m 34.3	24-06-95
1000m	Sian Hendry	3m 24.1	13-05-95
1200m	Isla Anderson	5m 04.5	03-05-09
1500m	Sian Hendry	5m 15.0	30-07-95
High Jump	Angharad Thorpe	1m 38	03-09-89
Long Jump	Amanda Hart	4m 93	23-04-88
Javelin 600g	Sally Moore	21m 24	25-04-92
400g	Sally Moore	24m 42	29-08-92
Discus 1kg	Karen Evans	16.66m	18-07-92
0.75kg	Sally Moore	18m.18	30-09-92
Shot 3.25kg	Tamara Watts	7m30	09-09-89
2.72kg	Katy Read	7m 24	09-05-92
1200m walk	Lizzie Croxford	7m 31.8	12-09-88
Pentathlon	Sally Moore	2004 points	02-08-92

U15 GIRLS

100m	Poppy Moore	13.52	06-08-08
200m	Iola Draper	27.2	08-06-91
75mh	}Victoria George	12.6	05-08-90
	}Lizzie Bennett	12.6	01-08-92
600m	Emily Adams	1m 45.9	24-03-90
800m	Sara Stodart	2m 26.9	17-06-99
1000m	Sara Stodart	3m 19.9	24-03-90
1500m	Sara Stodart	5m 00.9	22-09-90
High Jump	Claire Sterry	1m 52	09-09-95
Long Jump	}Danielle Potterton	4m 77	27-05-87
	}Gillian Watson	4m 77	03-09-94
Javelin	Sally Moore	28m 68	04-06-94
Discus	Victoria Georg	22m 58	Aug 90
Shot	Victoria George	9m 11	Aug 90
1600 Walk	Lizzie Croxford	9m 54.6	09-07-89
Pentathlon	Georgina Hobbins	2197 pts	29-09-90

U17 WOMEN

100m	Cheryl Southam	13.2	22-06-91
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200m	Iola Draper	27.1	16-05-92
300m	Cheryl Southam	44.2	16-05-92
400m	Iola Draper	63.5	18-07-92
600m	Iola Draper	1m 48.5	20-04-92
800m	Sara Stodart	2m 20.6	04-07-92
1500m	Sara Stodart	4m 50.2	16-05-92
3000m	Sara Stodart	10m 49.5	02-05-92
80mh	Vicki George	13.2	08-09-91
100mh	Vicki George	17.5	22-06-91
300mh	Georgina Hobbins	51.5	08-06-91
400mh	Emily Adams	75.7	20-07-91
High Jump	Georgina Hobbins	1m 47	14-05-92
Long Jump	Cheryl Southam	4m 74	27-09-92
Triple Jump	Georgina Hobbins	9m 19	30-09-92
Javelin	Sally Moore	27m 18	06-05-95
Discus	Angharad Thorpe	23m 86	19-06-93
Shot	Vicki George	8m 58	23-05-92
Hammer	Angharad Thorpe	20m 88	01-05-93
Pentathlon	Georgina Hobbins	2201 pts	10-08-91
Heptathlon	Georgina Hobbins	2763 pts	22/23-06-91

U20 WOMEN

100m	Cheryl Southam	13.5	07-08-93
200m	Cheryl Southam	29.0	23-05-93
400m	Sara Stodart	64.5	24-07-93
800m	Sara Stodart	2m 22.3	24-07-93
1500m	Eleanor Bongers	4m 57.7	16-07-94
3000m	Eleanor Bongers	10m 13.8	16-07-94
100mh	Karen Webb	18.7	19-06-93
400mh	Georgina Hobbins	75.3	12-05-93
High Jump	Georgina Hobbins	1m 45	12-05-93
Long Jump	Karen Webb	4m 67	06-09-92
Triple Jump	Karen Webb	9m 86	23-05-93
Shot	Karen Webb	6m 77	16-07-94
Discus	Karen Webb	15m 18	01-09-92
Javelin	Karen Webb	23m 14	13-08-94
Hammer	Karen Webb	10m	30-09-92

SENIOR WOMEN

100m	Julie Moore	13.4	18-07-92
200m	Julie Moore	27.9	23-05-93
400m	Hazel Imeson	67.7	28-04-90
800m	Hazel Imeson	2m 26.3	18-08-90
1500m	Maggie Statham	4m 53.0	29-08-93
3000m	Maggie Statham	10m 04.7	24-07-93
5000m	Maggie Statham	17m 13.4	17-07-93
10000m	Maggie Statham	35m 44.0	18-07-93
100mh	Julie Moore	17.0	01-06-91
400mh	Julie Moore	75.7	23-05-92
High Jump	Julie Moore	1m 45	01-08-92
Long Jump	Paula Bongers	3m 11	26-05-90
Javelin	Julie Moore	42m 44	16-05-92
Discus	Julie Moore	29m 26	16-07-94
Shot	Julie Moore	10m 69	25-04-92
Hammer	Angharad Thorpe	18m 28	15-09-91

U11 BOYS

75m	Oliver Shafi	11.4	27-08-07
150m	Liam Miles	24.2	27-08-07
600m	Josh Knight	1m 54.9	16-07-08
Long Jump	Liam Miles	3m 82	27-08-07
Shot	Zak Gilkes	4m 50	27-08-07

U13 BOYS

100m	Gary Hinton	13.3	Sept 93
200m	Zach Leveridge	28.3	20-07-08
75mh	James Rady	15.6	09-05-09
80mh	Gary Hinton	15.2	Sept 93
800m	Stuart Brown	2m 34.3	18-05-91
1000m	Keith Kentish	3m 18.8	02-04-88
1500m	Stuart Brown	5m 07.1	30-06-91
Long Jump	Robert Draper	4m 69	06-09-92
High Jump	Gary Hinton	1m 35	Sept 93
Javelin	Matt George	25m 70	12-08-90
Shot	Gary Hinton	8m 73	Sept 93
Discus	Jack Bannister	16.18	Sept 93
Pentathlon	Robert Chandler	892 pts	05-08-90

U15 BOYS

100m	Richard Hanks	12.3	27-08-89
200m	Richard Hanks	23.9	20-05-90
80mh	Matt George	13.8	14-05-92
400m	Melvyn Baldery	56.7	13-05-93
800m	Tim Bursby	2m 6.2	15-05-89
1000m	Simon White	3m 4.8	24-03-90
1500m	Mark Bannon	4m 22.9	21-06-87
Mile	Nicholas Ramsden	4m 58.0	17-07-88
3000m	Adam Wright	10m 44.6	10-09-89
High Jump	Nigel Fouracre	1m 52	29-04-90
Long Jump	Gary Hinton	4m 85	22-05-94 & 21-05-95
Triple Jump	L Townsend	10m 86	21-07-91
Javelin	Jack Bannister	35m 38	25-06-95
Shot	Robert Blake	11m 14	04-06-89
Discus	Sean Hobbs	27m 28	30-09-92
Hammer	Sean Hobbs	31m 08	19-07-92

U17 MEN

100m	Richard Hanks	11.8	03-06-90
200m	Richard Hanks	23.6	12-05-91
100mh	Jason Crame	15.6	10-09-89
110mh	Simon White	20.3	15-08-92
400mh	Jason Crame	62.3	23-09-89
400m	Simon Clarke	53.9	04-06-89
800m	Robert Spedding	2m 06.3	20-05-89
1000m	Simon White	2m 55.0	24-03-91
1500m	Daniel Winfield	4m 14.6	05-07-87
1500m s/c	Robert Spedding	5m 6.1	10-09-89
3000m	Robert Spedding	9m 22.0	23-04-89
3000m s/c	Simon White	12m 2.1	23-05-92
High Jump	Edward Clark	1m 65	13-08-89

Long Jump	Simon White	5m 98	20-06-92
Triple Jump	Matt George	11m 91	03-07-93
Javelin	Simon White	40m 40	10-08-92
Shot	Simon White	11m 74	05-07-92
Discus	Simon White	25m 04	1992
Hammer	Sean Hobbs	34m 24	16-05-93
Pentathlon	Jason Crame	2857 pts	16-09-90
Octathlon	Simon White	3997 pts	1992

U20 MEN

100m	Edward Clark	11.2	20-06-92
200m	Edward Clark	23.5	15-08-92
400m	Neil Marsh	54.4	04-06-94
110mh	Jason Crame	16.7	23-05-92
106.7h	Jason Crame	16.3	18-08-91
99.9h	Jason Crame	43.6	15-09-91
300mh	Jason Crame	60.2	07-07-91
400mh	Jason Crame	60.2	07-07-91
800m	Paul Haywood	2m 01.4	10-08-94
	Luke Caldwell	2m 1.0	07-06-08*
1500m	Paul Haywood	4m 14.8	13-08-94
3000m	Paul Haywood	9m 03.1	01-05-93
3000m s/c	Paul Haywood	10m 04.0	07-05-94
5000m	Paul Haywood	15m 53.2	08-05-93
10,000m	Paul Haywood	33m 54.7	11-08-93
High Jump	Edward Clark	1m 80	01-08-92
Long Jump	Edward Clark	6m 39	03-05-92
Triple Jump	Edward Clark	13m 28	09-03-92
Pole Vault	Simon White	2m 80	08-05-93
Javelin	Edward Clark	40m 12	03-05-92
Shot	Jason Crame	10m 59	16-05-92
6.00kg	Jason Crame	9.79	23-05-92
7.26kg	Philip Thorpe	24m 90	01-08-92
Discus	Simon White	24m 24	02-05-93
2kg	Philip Thorpe	21m 38	31-07-93
1.75kg	Philip Thorpe	21m 32	01-05-93
Hammer	Philip Thorpe	21m 32	01-05-93
7.26	Edward Clark	2706pts	16-05-92
6.00kg			
Pentathlon			

* DMV runner competing in HS/RSB/.DMV Combined Team

SENIOR MEN

100m	Edward Clark	11.3	14-08-93
200m	Edward Clark	23.0	14-08-93
400m	Edward Clark	52.8	01-05-93
110mh	Jason Crame	17.4	16-05-93
400mh	Jason Crame	64.8	08-05-93
	Rob Hall	64.8	03-06-00
800m	Rob Spedding	2m 05.0	03-08-02
1500m	Rob Spedding	4m 23.4	04-05-02
3000m	Steve Bishop	9m 18.8	21-08-94
3000m s/c	Matt Morgan	10m 28.5	07-07-07
5000m	Steve Bishop	15m 54.0	15-08-92
10000m	Steve Bishop	34m 05.0	05-08-92
High Jump	Edward Clark	1m 83	01-05-93
Long Jump	Edward Clark	6m 57	01-05-93
Triple Jump	Edward Clark	12m 34	14-08-93
Pole Vault	Simon Wing	2m 60	13-07-02
Javelin	Edward Clark	42m 88	31-07-93

Discus	Simon White	31m 26	20-05-06
Shot	Jason Crame	10m 24	08-05-93
Hammer	Roger Crame	21m 48	01-08-92
	Andy Briggs	31m 76	07-06-08*
Decathlon	Edward Clark	5195 pts	01/02-05-93

* *Redhill & Surrey Beagles athlete competing in HS & RSB Combined Team*

RELAYS

4 x 100 Women	Cheryl Southam, Julie Moore, Vicki George, Claire Liston	53.0	20-07-91
4 x 400 Women	Vicki Davison, Iola Draper, Sara Stodart, Ellie Bongers	4m 23.0	18-07-92
4 x 100 Men	Jason Crame, Jonathan Winter, Lindsay Philip, Edward Clark	48.9	11-07-92
4 x 400 Men	Jonathan Winter, Jason Crame, Simon White, Edward Clark	3m 50.9	11-07-92